

MKDE Dan Vizsgakövetelmények

Az MKDE Technikai Bizottsága által kibővített feltételekkel, amelyek az MKDE honlap Vizsgáztatás pontjában megtalálhatóak

2023

Shodan	Minimum 1 év , legalább 80 edzésnap és 4 nap tábor részvétel az 1.kyu megszerzése óta. 16. betöltött életév.
Ken	Ken-no-awase (7)
Jo	Jo-no-awase (8) 31-no-jo (Hidari hanmi)
Tachi waza	Katadori-men-uchi Ikkyo~Yonkyo (2 ways), Iriminage (2 ways), Kotegaeshi (2 ways), Shihonage (1 way) Tsuki (Chudan) Iriminage, Kotegeshi, Kaitennage (Uchi-kaiten, Soto-kaiten), Koshinage Ushiro-ryokatadori Iriminage, Aikiotoshi, Sankyo Ushiro-katatedori-kubijime Ikkyo~Yonkyo, Jyuji-garaminage, Udegarami
Hanmi-Handachi	Yokomen-uchi Ikkyo~Yonkyo, Kotegaeshi Katatedori Shihonage, Iriminage Ushiro-katatedori-kubijime Sankyonage
Zagi	Ryotedori Ikkyo~Yonkyo, Kotegaeshi, Iriminage Shomen-uchi Ikkyo~Yonkyo, Kotegaeshi, Iriminage Zagi-kokyuho (3 ways)
Jiyu-waza	Katate-ryotedori Shomen-uchi Ushiro-ryotedori Tsuki
2nd Dan	Minimum 2 év +1 vizsgakivárás, 200 edzésnap és legalább 8 nap tábor részvétel az első dan megszerzése óta.
Ken	Kumi-tachi (5), Kimusubi-no-tachi (1)
Jo	Basic movements moving forward and backward (Hidari, Migi): Tsuki, Men, Katate, Hasso, Nagare-no-bu Kumi-jo (7), 22-no-jo (Hidari hanmi)
Renzoku-waza (sequential technique)	from Tsuki-Nikyo-ura to Kotegaeshi, Iriminage, Shihonage from Yokomen uchi-Sankyo-ura to Jiyu (free) from Shomen-uchi-Ikkyo-gaeshi to Jiyu (free)
Tanto dori	Yokomen-uchi (2 ways), Tsuki (2 ways) Shomen-uchi Iriminage, Gokyo
Kaeshi waza (reverse technique)	from Shomen-uchi-Ikkyo-omote to Iriminage, Kotegaeshi, Ikkyo from Gyakuhanmi-katatedori-Nikyo-ura to Iriminage, Nikkyo, Sankyo from Tsuki-Kotegaeshi to Iriminage, Shihonage, Kotegaeshi
Tachi waza	Ryokatadori Ikkyo~Yonkyo, Iriminage Ushiro-katatedori-kubijime Ikkyo~Yonkyo, Aikiotoshi, Kokyunage, Koshinage Tsuki (Jodan) Jiyu (free)
Hanmi-Handachi	Ushiro-ryokatadori Ikkyo~Yonkyo, Kokyunage, Kotegaeshi Yokomen-uchi Jiyu (free)
Zagi	Katadori Ikkyo~Yonkyo, Iriminage Tsuki Jiyu (free)
Futari dori	Kokyunage (2 ways) Nikyo
Futari gake	Jiyu (free style with 2 ukes)
3rd Dan	Minimum 3 év+1 vizsgakivárás, 300 edzésnap és legalább 16 nap tábor részvétel a 2.dan megszerzése óta.
Ken	Kumitachi-henka (Ken-no-ri), Shodan and 2 nd dan wazas
Jo	13-no-jo-no-awase, 31-no-jo-no-awase, Shodan and 2 nd dan wazas
Henka-oyou waza	Munadori (twisted grab) Ikkyo~Yonkyo, Iriminage, Ashidori Katate-ryotedori Kokyuho (basic, elbow lifted-up, twisted grab) Hagaijime (full nelson) Iriminage
Kaeshi waza	from Shihonage (3 ways), from Sankyo-ura (3 ways) from Iriminage to Iriminage (2 ways), Sankyo, Kaitennage
Tanto dori	Tsuki (3 ways), Yokomen-uchi (3 ways), Shomen-uchi Kotegaeshi, Sankyo, Koshinage Katadori put on the front (2 ways), Ushiro-eridori put on the back (2 ways)
Tachi dori	Shomen-uchi (3 ways), Yokomen-uchi (3 ways), Tsuki (one way)
Jo dori	Tsuki (3 ways) Motasete (let opponent take jo) Jiyu (free)
Tachi waza	Katate-ryotedori Iriminage (3 ways), Shihonage (3 ways), Jiyu (free) Ushiro-ryohijidori Ikkyo~Yonkyo, Kotegaeshi, Iriminage, Aikiotoshi, Kokyunage Tsuki (Chudan) Sankyo (2 ways), Yonkyo (2 ways), Iriminage (2 ways), Jiyu (free) Ushiro-katatedori-kubijime Koshinage (2 ways)
Hanmi-Handachi	Shomen-uchi Jiyu (free) Katatedori Jiyu (free)
Zagi	Yokomen-uchi Jiyu (free) Tsuki (Chudan) Jiyu (free)
Futari dori	Shihonage, Yonkyo, Kokyunage
Sannin gake	Jiyu (free style with 3 ukes)
4th Dan	Minimum 4 év + 1 vizsgakivárás, 300 edzésnap és legalább 24nap tábor részvétel a 3. dan megszerzése óta.
	All of 2 nd dan and 3 rd dan wazas
Ken	Kumitachi-henka (Tai-no-ri)
Jo	Shin-kumi-jo (10)
Yonin gake	Jiyu (free style with 4 ukes)
Essay (1) or (2)	(1) "How to teach Aikido to beginners" (2) "What have you got from your Aikido practice?"